



IkaHealthTrack™ - a fully tailored health risk assessment solution for risk identification, follow-up intervention, and trend tracking

Statistics reveal that top 5% of healthcare users account for more than 55% of healthcare costs.

The United States health care system currently emphasizes secondary care for individuals that are already sick, as opposed to preventive care to avoid the onset of illness and disease.

IkaHealthTrack™ connects health prevention with economic incentives that bring about behavior change. IkaHealthTrack™ believes healthcare improvement can be achieved through contributions and behavior changes of all people involved in the healthcare system, including the members themselves.

Give your wellness program the foundation to succeed.

Use a health risk assessment IkaHealthTrack™ from Government Works, Inc

Identify, Track and Reduce Health Risks with a Health Risk Assessment-What You Don't Know Can Cost You

IkaHealthTrack collects a wealth of data cost-effectively that can be used to tailor the wellness experience to each individual.

This includes Personal health Information, Immunization, Medication, Life Style issues, Sexuality Assessment and Drug Use, Gynecologic History, Obstetric History, Alcohol and Tobacco use, Hospitalizations, Surgical Procedures, Allergies, Communicable disease history, Education, Ethnicity, Marital Status, Eating Disorders, Preventative Health and Safety Considerations, Frailty Considerations and Hospitalization and questions on Health information on all biological family members. Except for health conditions, none of this data is available from other sources

IkaHealthTrack is designed to address in detail, personalized risk assessments **across 65 different medical conditions**

IkaHealthTrack can be easily modified to include questions regarding combat-related exposures, illnesses, and injuries, and other areas of special concern, such as post-traumatic stress disorder (PTSD) or military sexual trauma.

Integrated central portal for ease of use from anywhere with apps for all Smart Devices

Easy to fill out, dynamic questionnaire that enables individuals to fill out at home or in doctor's office with the help of nurse or health coach.

One of the most important strengths of our solution is that it is fully customizable and available in multiple formats (web-based, paper, mobile) for user convenience. Robust web-based analytic tools designed specifically for individual, employer, and HIPAA-compliant disease management or coaching vendor

A comprehensive menu of reports for Patients, Providers and Payers

IkaHealthTrack presents participants with an evaluation of their current health and quality of life. It promotes health awareness by reviewing participants' personal lifestyle practices and revealing health issues that could be impacted by personal choices. It can be integrated with a health screening, or can function as a standalone wellness program. Executive and Plan Summary reports providing data around health behaviors, disease statistics, risk prevalence

IkaHealthTrack allows you to see a comprehensive, detailed picture of your population – so you can make more informed decisions about your member services.

It's a Decision Support System in Itself for Primary Care Physician

IkaHealthTrack becomes a documented assessment of every patient medical history who is registering into a health plan. All of the information gathered is entered into a database, and its product includes the following:

- A comprehensive standardized narrative of the member's history that can be interfaced and entered into any EHR. This narrative is directed to any specific physician(s) that the member wishes to provide his PHI.
- The narrative and data provided arrive at conclusions and recommendations to the member and Primary Care Physician which are in fact wellness advice to members and technical recommendations the PCP.
- Standardized narrative in terms of context and content, so that it can be parsed (as in EDI) and transferred to any other system.
- Can be easily integrated with Electronic Medical Records (EMRs), claims, and biometric data. These features of the IkaHealthTrack ultimately maximize the value of your other on-line health investments.

IkaHealthTrack is head and shoulders above other health risk assessment solutions

IkaHealthTrack distinguishes itself from the traditional approach of "one size fits all" like medical insurance plans that only benefit the sick, with no incentive for good health. IkaHealthTrack takes a holistic approach, creating a program tailored to each specific individual. Based on information collected through our proprietary Health Risk Assessment, a personalized action plan unique to each individual is created including goals, actions, and incentives that directly support the individual's risks, behaviors, and desired outcomes.

Our proprietary technology incorporates epidemiologic needs, motivational levels, and each individual's stage of change, demographics, and various psycho-social needs to stratify and then creates a tailored and holistic program to each participant.

From a health care spending perspective, there is more money to be saved by keeping low-risk people at low risk than there is by taking high-risk people and moving them to lower risk, that is where the real financial impact is.

Contact us at healthcare@governmentworks.com to discover how Government Works' health risk assessment can benefit your business. Or, visit www.governmentworks.com for more information about our transformative solutions.