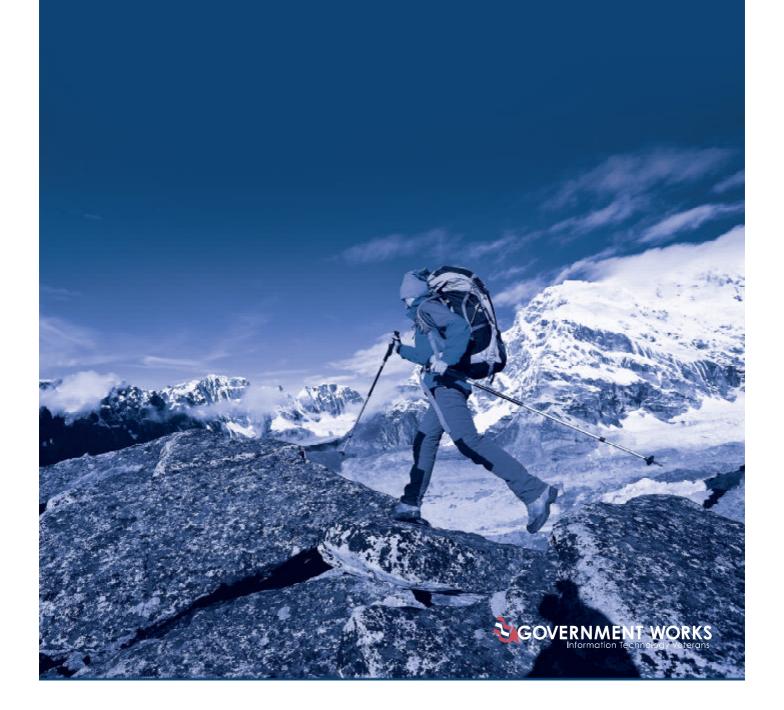# ikaHealthTrack

Real Awareness. Real Prevention. Real Results.

A fully tailored health risk assessment solution
for risk identification, follow-up intervention, and trend tracking

GOVERNMENT WORKS
Information Technology Veterans

ikaHealthTrack

DID YOU KNOW…overall national medical costs have been soaring 9.8% annually and are expected to double again in the next seven to eight years.

- In a typical U.S. company, just 15% of employees accrue 78% of medical expenses

- 75% of health care costs are directly related to lifestyle and are preventable.

- Yet less than 3% of all health care costs are spent on prevention.

Government Works IkaHealthTrack™ can help you fight back. This health risk assessment solution is designed to help you manage costs, engage and motivate employees, modify behavior, and improve productivity and performance.

IkaHealthTrack™ is a big leap above score-based algorithms… with specifically tailored programs.

Unlike typical health risk assessments where each individual is scored based on a demographic and illness-based algorithm, IkaHealthTrack is a reporting tool that collects information directly from patients through the use of structured questionnaires presented through an online portal. The questions use skip patterns or branching logic to minimize respondent burden and control the granularity of the presented items.

And here's where IkaHealthTrack™ really shines: through proprietary technology, the program relies on epidemiologic needs, motivation levels, and each individual's demographic, psycho-social variables, and stage of change. Based on the collected information, IkaHelath-Track develops a uniquely individualized, targeted, and holistic action plan, including goals, actions and incentives that directly support each person's risks, behaviors, and desired outcomes.

IkaHealthTrack™ is designed to address in detail, personalized risk assessments across 65 different medical conditions

IkaHealthTrack collects a wealth of data cost-effectively that can be used to tailor the wellness experience to each individual.

This includes Personal health Information, Immunization, Medication, Life Style issues, Sexuality Assessment and Drug Use, Gynecologic History, Obstetric History, Alcohol and Tobacco use, Hospitalizations, Surgical Procedures, Allergies, Communicable disease history, Education, Ethnicity, Marital Status, Eating Disorders, Preventative Health and Safety Considerations, Frailty Considerations and Hospitalization and questions on Health information on all biological family members.

Except for health conditions, none of this data is available from other sources

ikaHealthTrack

IkaHealthTrack is a complete health risk appraisal system that begins with the premise that people have the ability to significantly alter future health outcomes through lifestyle choices that are under their control.

Drawing upon health experts in the fields of medicine epidemiology, health education, behavior change, and web development and design, IkaHealthTrack provides an effective tool for health risk identification, delivering follow-up interventions for those at risk, and tracking and analyzing employee population health trends over time.

IkaHealthTrack™ is comprehensive, simple to use, and easily modifiable

IkaHealthTrack™ serves as an integrated decision support system for the primary care physician. Its components include:

- Patient's personal information: demographics, lifestyle, family history, and advance directives.

- Comprehensive medication record, including Rx and OTC therapies.

- Complete medical history, comprised of conditions treatments, allergies, immunizations, screenings, and office visits.

It is head and shoulders above other health risk assessment solutions because its recommendations are uniquely tailored to each patient.
When the information is amassed in any health plan, it provides a solid basis for a rich and valuable variety of reports, including algorithms that remind the physician of impending clinical needs

Key Features of IkaHealthTrack™ include:

- Easy to fill out, dynamic questionnaire that can be completed quickly at home or in the primary caregiver's office with minimal assistance.

- Risk algorithms and predictive modeling based upon clinical research on leading health risk assessments used by major medical associations.

- Detailed, personalized risk assessments with comprehensive multimedia content

- Robust web-based analytic tools designed specifically for individual, employer, and HIPAA-compliant disease management or coaching vendor.

- Modifiable for the inclusion of questions regarding combat-related exposures, illnesses and injuries, and other areas of special concern such as post-traumatic stress disorder or sexual trauma.

IkaHealthTrack™ health assessment tool is available in multiple formats – web-based, paper, or mobile – and is fully customizable.

A comprehensive standardized narrative of any member's history can be interfaced and entered into any EHR and may be accessed and read by any physician who is authorized to do so…saving time and expense.

IkaHealthTrack™ by Government Works

Government Works, Inc. (GWI), based in Southborough, Massachusetts, is a leading provider of innovative, comprehensive IT software solutions and consulting services, with a strong focus on Web-based healthcare management.

Through the years, GWI has provided products and services to a numerous U.S. federal government departments, including the Department of the Army, Department of Health and Human Services, Department of the Interior, Department of Homeland Security, Department of Justice, General Services Administration, Department of Veteran Affairs, Department of Commerce, Department of Defense, Department of Transportation, National Guard Bureau and Defense Information Systems Agency.

GWI also supports various private sector organizations through its IT solutions, focusing on healthcare, program and project management, and technical services including engineering, support and vendor management.

GOVERNMENT WORKS
Information Technology Veterans

Government Works Corporate Headquarters:
257 Turnpike Road, Southborough, MA 01772
Tel: 774.760.1600
Fax: 508.624.8539
www.governmentworks.com